



Service Distinction Leader Requirements

To Graduate as a Service Distinction Leader

- Create an account & declare service track(s)
- Log 400 eligible service hours (details below) in your cnuengage.org account
- Complete a Senior Service Report which explains:
 - How hours were spent
 - What you learned from your site(s)
 - How you impacted your site(s)

Hour Requirements

- At least 250 hours must
 - Be with a non-profit, school, city government agency, or foundation
 - Be within Hampton Roads
 - Within your service track(s)
- The remaining 150 hours are "flex" hours which include:
 - Additional hours in the local community within your service track
 - Additional hours in the local community within a different service track
 - Service on campus that supports a non-profit organization
 - Work with a CNU Service Club (e.g., American Red Cross, Be The Match, Habitat for Humanity, APO, etc.)
 - Hours spent on an alternative Spring Break/REACH trip
 - Any service done at home over breaks (winter, spring, summer or fall breaks)

Examples of Approved Activities

- CNU Engage Events & Trainings (i.e., NN101, Food for Thought, Engage Week)
- Citizen Outreach (i.e., Voter Turnout, Advocacy for city services)
- Direct service (i.e., tutoring, mentoring, community beautification project)
- Indirect service that focuses on capacity building for a non-profit (i.e., grant writing, policy research, web-development) Volunteer tutoring or mentoring
- Advocacy for environmental sustainability and animals rights
- Caring for the elderly/disabled
- Any campus organization's (PLP, Greek Life, Athletics, etc.) approved volunteer work
- Work study and Social Work requirements if it follows SDL volunteer guidelines
- Service work completed with a religious organization (DOES NOT include time spent proselytizing (see below))

Areas NOT covered under SDL

- Service for private or for-profit companies
- Service dedicated specifically for political campaigns or religious conversion/instruction
- Purely scientific research within a laboratory setting
- Military Service (volunteer work through one's military group **is allowed**)